

Mikveh Water Ritual for Healing from Indian Residential Schools

Intention

To be read at the water's edge before entering the mikveh

We honor the spirits of murdered Indian Residential Schoolchildren as they travel home to their ancestors across the Milky Way. We immerse in these sacred waters today to show our solidarity with Indigenous peoples across Turtle Island who are grieving, and to do our part to bring about truth and reconciliation as Jewish people who live on this land.

First Immersion

As you descend into the water, say these words before immersing yourself completely

As we step into these waters, may they open our hearts to give us courage, strength, and faith to face the truth of what was done to Indigenous children in Residential schools all over the world.

Second Immersion

As you descend into the water, say these words before immersing yourself completely for the second time

As we immerse in these waters, we honor the richness and precious spirits of every school child whose life matters. We love you and we will never forget you. We pray for healing and justice for every single child, their families and communities.

Third Immersion

As you descend into the water, say these words before immersing yourself completely for the third time

As we immerse in these waters, we pray for all the Indigenous schoolchildren to have a safe journey home across the Milky Way to their ancestors. We walk with them in solidarity and love.



Written by Rosa Blumenfeld
www.reclaimingindigeneity.com